





International Day of People with Disability (IDPwD) is a United Nations day, observed each year on 3 December. In Australia, it is a day to promote awareness, understanding and acceptance of the 5.5 million people with disability in the country.

A key part of IDPwD each year are the events and activities that schools, workplaces and community groups hold to mark the day.

Schools play an important role in creating a more inclusive and diverse community in Australia. This information kit has been developed to help schools get involved.

Did you know?1

- There are 5.5 million people with disability in Australia that's 1 in 5 people
- 15% of people in Australia aged 0-64 years have disability
- 52% of people in Australia aged 65 years and over have disability
- 7.9% of all Australians have a profound or severe disability
- 9.9% or 1 in 10 people with disability in Australia have experienced discrimination.

For more information about disability statistics in Australia, please visit the <u>Australian Bureau of Statistics</u> website.

IDPwD theme

Each year, the United Nations <u>announces a theme</u> for IDPwD. The theme assists in breaking down barriers and promoting diversity and inclusion.

The 2025 theme is: Fostering disability-inclusive societies for advancing social progress.

The theme means we all need to work together to make society fairer and respect the rights of people with disability.

You can access an Easy Read version and learn more about the theme on the About IDPwD webpage.

You can use the official theme in your own IDPwD activity or event. You can also develop your own theme around the topics of disability, diversity and inclusion. There are some links on our <u>Inclusion resources</u> webpage to help get you started. Learn more about the theme on the <u>About IDPwD</u> webpage.

¹ Source: Disability, Ageing and Carers, Australia survey 2022, Australian Bureau of Statistics <u>www.abs.gov.au/disability</u>



Ways your school can get involved

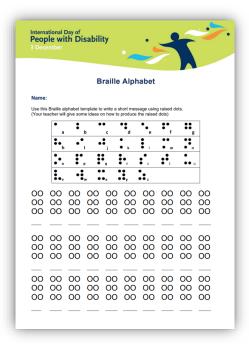
There are many ways your school can recognise IDPwD on 3 December and all year round. Your involvement can be big or small. We encourage you to get creative and acknowledge IDPwD in your own unique way.

All resources listed below are available on the IDPwD schools webpage.

IDPwD in the classroom

We have developed a range of resources for educators to incorporate disability themes and issues in the classroom:

- <u>Inclusion resources</u> online resources to help educators apply inclusive practices in the classroom.
- <u>Classroom resources</u> lesson ideas and activity sheets designed to start important conversations about disability and inclusion.
- <u>Printable assets</u> interactive activities for students like a colouring-in poster, a chatterbox and make-your-own paperchain.
- <u>Stories of lived experience with disability</u> encourage students to read or watch stories from our Ambassadors and people with disability in the community.







Host your own IDPwD event or activity

Holding events or activities is a great way to observe IDPwD and start inclusive conversations at school.

We encourage you to register your school's event, so we know about all the events happening across Australia. You can keep your event private or register as a public event and be featured on our community event calendar. To find out more, visit the <u>Event Registrations page</u> on the IDPwD website.

Here are some event ideas to get you started.

Creative competition

- Get students to submit artwork about what a diverse community looks like to them.
- Ask students to write a short article or essay about a person with disability in the community.

Film screening

- Host a screening of short films or videos that feature people with disability or disability themes.
- Check out previous <u>IDPwD Ambassador videos</u> to learn about their lived experience.
- Visit the <u>Focus on Ability Short Film Festival website</u> to explore a diverse selection of short films. If you'd like to showcase their films at your event, you can send a request to <u>admin@focusonability.com</u>

Decorate your school

- Put up posters and decorations for IDPwD around the school or classroom.
- You can create your own IDPwD designs or use the printable resources on the IDPwD website.

School assembly

- Organise a themed assembly for IDPwD and invite a guest speaker with disability from your community.
- You can also feature some of the IDPwD Ambassador videos.

School awards

- Acknowledge students, teachers and staff who are doing their part to create a more inclusive school environment.
- You can use the <u>editable IDPwD Certificate</u> or create your own template with your school's logo and colours.



If you can't hold an event or activity at your school, you can support other IDPwD events in your local community or online. Check out our community event calendar for events happening near your school.

Join the conversation

If you can't hold or attend an event, you can still get involved in IDPwD and help raise awareness in your school community. Here are some ideas:

- Post messages on your school's website or social media about IDPwD. Check out our <u>online promotion</u> <u>kit</u> for ideas to get you started.
- Learn more about IDPwD by <u>checking out our fact sheets</u>, which are available in 12 languages other than English, Auslan and Easy Read.
- Promote IDPwD in your online meetings and emails using our <u>virtual meeting backgrounds</u> and signature blocks.
- Follow or tag IDPwD on <u>Facebook (@idpwd)</u> and <u>Instagram (@idpwd_au)</u> to help spread stories about people with disability and be part of IDPwD all year round.
- Publish an article or acknowledgement in your school newsletter about IDPwD (see template below).

International Day of People with Disability with [School]

International Day of People with Disability is a United Nations day observed on 3 December each year to increase public awareness, understanding and acceptance of people with disability.

There are 5.5 million people with disability in Australia – that's 1 in 5 people. By acknowledging this important day, we can take action to remove barriers people with disability in Australia and contribute to positive change in our classrooms and our community.

This year [school] is recognising IDPwD by [insert details of your event or activity].

We encourage all students, their families and carers to get involved this IDPwD. Together, we can all take action to challenge perceptions about disability. We can also help remove barriers, and promote inclusive and respectful attitudes and behaviors in our community.

For more information, go to [your website address] or contact [your phone number/email address]. You can also visit our [Facebook page] for updates.

For more information about IDPwD, visit idpwd.com.au



More information

Visit <u>idpwd.com.au</u> to find out more and access stories, videos and resources.

If you have any questions, you can:

- email us at idpwd@health.gov.au
- call us on 1800 440 385, 9am to 5pm Monday to Friday AEST/AEDT.

TTY (Speak and Read) users can phone 1800 555 677 and ask to be connected to IDPwD at 1800 440.