



International Day of People with Disability

United Nations theme for 2023

Easy Read version



How to use this document



The Australian Government Department of Social Services (DSS) wrote this document.

When you see the word 'we', it means DSS.



We wrote this document in an easy to read way.

We use pictures to explain some ideas.

Bold
Not bold

We wrote some important words in **bold**.

This means the letters are thicker and darker.



We explain what these words mean.

There is a list of these words on page **11**.



You can ask for help to read this document.

A friend, family member or support person may be able to help you.

About the United Nations 2023 theme



International Day of People with Disability (IDPwD) is a day to understand and respect people with disability.



It happens on 3 December each year.



The United Nations is an organisation where countries come together to:

- discuss world issues
- fix world issues.



Every year the United Nations focuses on an idea that helps to remove **barriers** for people with disability.



A barrier is something that stops you from doing something you:

- need to do
- want to do.



We call this idea for IDPwD the United Nations **theme**.

Themes are important ideas that come up in different areas of our work and lives.



The themes for IDPwD are about making the world more **inclusive**.



When something is inclusive, everyone:

- can take part
- feels like they belong.



The 2023 United Nations theme for IDPwD is about making the world better and fairer for people with disability.

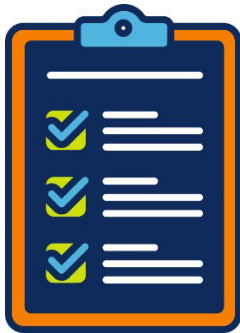


Everyone needs to work together to make this happen.



The United Nations says that the work everyone does as part of this theme should:

- involve people with disability
- be for people with disability.



The theme includes goals.



We talk more about the goals in the next section.

The Sustainable Development Goals



The 2023 United Nations theme includes goals.

They are also called the Sustainable Development Goals (SDGs).

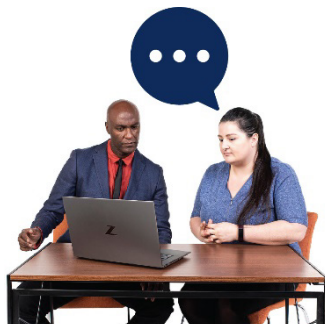
There are 17 SDGs.



The 17 SDGs are things that countries want to work on by the year 2030.

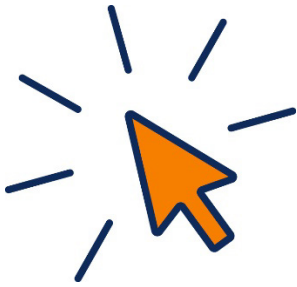


The goals will help to make the world better and fairer for everyone.



It's important that people with disability:

- are part of the work that countries do
- have a say in what happens.



You can learn more about the goals on the United Nations website.

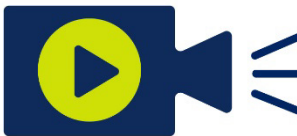
www.un.org/sustainabledevelopment/sustainable-development-goals/



You can also find resources on the United Nations website to learn more about:

- the goals
- how to reach the goals.

www.un.org/sustainabledevelopment/student-resources/



You can watch a video about the goals on YouTube.

www.youtube.com/watch?v=0XTBYMfZyrM

More information



You can find out more about IDPwD on our website.

www.idpwd.com.au



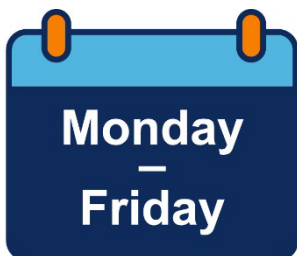
You can email us.

idpwd@dss.gov.au



You can call us.

1800 440 385



You can call us:

- Monday to Friday
- 9 am to 5 pm (AEST).





You can call the National Relay Service if you:

- are deaf or hard of hearing
- find it hard to speak using the phone.



Teletypewriter (TTY)

1800 555 677



Speak and listen

1800 555 727



You can also follow us on social media for news stories and updates.



You can follow us on Facebook.

www.facebook.com/idpwd



You can follow us on X.

[@idpwd](https://twitter.com/idpwd)



You can follow us on Instagram.

[@idpwd_au](https://www.instagram.com/idpwd_au)



You can also sign up to our newsletter for updates at the bottom of our website.

Word list

This list explains what the **bold** words in this guide mean.



Barrier

A barrier is something that stops you from doing something you:

- need to do
- want to do.



Inclusive

When something is inclusive, everyone:

- can take part
- feels like they belong.



Theme

Themes are important ideas that come up in different areas of our work and lives.



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