# How to get involved in International Day of People with Disability

In Australia, recognising International Day of People with Disability (IDPwD) is a joint effort between government, schools, organisations, community groups, businesses and individuals. There are many ways you can be part of creating an inclusive and diverse community.

## Organise an IDPwD event

You can break down barriers and promote inclusiveness by encouraging your school, workplace, or community group to organise an IDPwD event on or around 3 December.

For help planning your event, visit: [www.idpwd.com.au/events/event-planning-kits](http://www.idpwd.com.au/events/event-planning-kits)

Add your event to our community calendar by visiting: [www.idpwd.com.au/events/event-registrations](http://www.idpwd.com.au/events/event-registrations)

## Take part in an IDPwD event

Connect with your local community including people with disability, their families and carers by taking part in an IDPwD event on or around 3 December.

Search for events in your local area at: [www.idpwd.com.au/events/calendar](http://www.idpwd.com.au/events/calendar)

## Take action to be more inclusive

IDPwD is a good time to make a commitment within your organisation, workplace or community group to break down barriers and promote disability inclusion. This might include:

* developing a new disability action plan
* becoming more accessible in your workplace practices
* supporting a local disability organisation
* encouraging conversations in your community, school, workplace, or with family and friends about disability inclusion and accessibility.

For useful links to get you started, visit: [www.idpwd.com.au/resources/inclusionresources](http://www.idpwd.com.au/resources/inclusionresources)

Be part of creating an inclusive and diverse community.

## Read, watch or listen

Not all disability is the same and everyone’s experience is different. Learning more about people with disability can help us all reflect on our attitudes and beliefs.

Find stories from the disability community here: [www.idpwd.com.au/stories](http://www.idpwd.com.au/stories)

## Share your own story

If you are a person with lived experience of disability, you may wish to share your own story about your personal experiences, achievements or challenges.

You could also encourage your workplace, organisation, or community group to share stories about what they are doing to promote inclusion on their website or social media channels.

If you have a story to share, you can also send it to: [www.idpwd.com.au/share-your-story](http://www.idpwd.com.au/share-your-story)

## Help to spread the word

Social media is a great way to raise awareness and show your support for IDPwD.

We encourage you to share messages of inclusion and diversity on your networks.

For social media key messages, posts and graphics visit: [www.idpwd.com.au/resources/social-media](http://www.idpwd.com.au/resources/social-media)

Visit our website to find out more and access stories, videos and resources. You can also subscribe to the IDPwD newsletter for regular updates.  
[www.idpwd.com.au](http://www.idpwd.com.au)

## Follow us:

**Facebook** @idpwd [www.facebook.com/idpwd](http://www.facebook.com/idpwd)

**Twitter** @idpwd [www.twitter.com/idpwd](http://www.twitter.com/idpwd)

**Instagram** @idpwd\_au www.instagram.com/idpwd\_au